



**A M A R A**  
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Kristin Tarbet, MD, Mike Symond, MD & Gay Sleight, PA-C

**PATIENT INFORMATION**

Patient Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_  
Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Email: \_\_\_\_\_  
Gender: Male Female Marital Status: M S W D  
Social Security Number: \_\_\_\_\_  
Employer: \_\_\_\_\_  
Employer Address: \_\_\_\_\_  
Employer Phone: (\_\_\_\_) \_\_\_\_\_  
Nearest Relative: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone #: (\_\_\_\_) \_\_\_\_\_ Relation: \_\_\_\_\_

**Responsible Party or Spouse**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: (\_\_\_\_) \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ SS#: \_\_\_\_\_  
Employer: \_\_\_\_\_  
Employer Address: \_\_\_\_\_  
Employer Phone: (\_\_\_\_) \_\_\_\_\_

**Credit Policy & Financial Agreement**

Each patient, not the insurance company, is responsible for payment for all charges to his/her account at the time services are rendered unless special arrangements are made in advance.

I authorize insurance benefits to be paid directly to Kristin Tarbet, MD/Mike Symond, MD/Gay Sleight, PA-C. I also authorize the physician to release any information acquired in the course of my evaluation or treatment to the insurance company.

Payments on accounts billed are expected within 30 days.

Delinquent accounts will be charged interest at 1½% per month. I agree to pay collection costs and/or reasonable attorney's fee if any delinquent balance is placed with an agency or attorney for collection or suit.

I/We agree to pay all attorney's fees, court costs, filing fee (including charges of commissions), that may be assessed by any collection agency retained to pursue this matter. I/We further understand that this may be as much as 50% of the principal owing. I/We further agree to pay interest at the rate of 1 ½% per month (18% per year).

**ATTENTION: IMPORTANT INSURANCE INFORMATION**

Since it is vital that our patients understand our relationship with insurance companies this statement is necessarily straightforward to prevent any possible misunderstandings, disagreements or disappointments.

If you believe that your medical needs are covered by insurance, please be aware that the health insurance contract you have is between you and your insurance company, not Amara and your company. We work with your insurance company on all claims, however the insurance company does have a final say as to what is and is not covered. In the event that your insurance company refuses payment for services rendered, you will be responsible for payment in full.

**LAB INSURANCE MAY NOT COVER ALL FEES**

If you have insurance, all labs costs are submitted to your insurance company by the Laboratory, not by Amara. We can't guarantee the payment to the lab company by your insurance, as the contract you have is between you and your insurance company.

Patient Initials: \_\_\_\_\_

**ASSIGNMENT OF BENEFITS**

I hereby assign all medical and/or surgical benefits, private insurance and other health plans to Kristin Tarbet, MD/Mike Symond, MD/Gay Sleight, PA-C. I understand that I am financially responsible for all charges whether or not paid by said insurance. I hereby authorize said assignee to release all information and records necessary to secure the payment. To the extent necessary to determine liability for payment, and obtain reimbursement, I authorize disclosure of portions of my medical records. A photocopy of the assignment is considered as valid as original.

\_\_\_\_\_  
Signature of Patient Date

\_\_\_\_\_  
Signature of Responsible Party Date

\_\_\_\_\_  
Witness Date



Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Present/Previous Occupation: \_\_\_\_\_ Marital Status: S M D W

**Past Medical History**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> High blood pressure     | <input type="checkbox"/> Stroke/Mini stroke         | <input type="checkbox"/> Over-active thyroid  |
| <input type="checkbox"/> Hear attack             | <input type="checkbox"/> Brain Tumor                | <input type="checkbox"/> Under-active thyroid |
| <input type="checkbox"/> Heart failure           | <input type="checkbox"/> Cancer: _____              | <input type="checkbox"/> Asthma               |
| <input type="checkbox"/> Heart valve problems    | <input type="checkbox"/> Diabetes: Type I or Type 2 | <input type="checkbox"/> Lung problems        |
| <input type="checkbox"/> Liver disease/Hepatitis | <input type="checkbox"/> Gout                       | <input type="checkbox"/> Ulcers               |
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Epilepsy/Seizures          | <input type="checkbox"/> Kidney Disease       |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> Abnormal Clotting          | <input type="checkbox"/> Arthritis            |
| <input type="checkbox"/> Mental illness          | <input type="checkbox"/> Permanent Make up: _____   | <input type="checkbox"/> Other: _____         |

Women: # of pregnancies: \_\_\_\_\_ # of live births: \_\_\_\_\_  
 Have you had any surgeries? \_\_\_\_\_

Please list your medications, include herbs/vitamins.

Type of Surgery	Hospital	Year

Medication	Dose	Medication	Dose

**Family Medical History**

Have any of your blood relatives had any of the diseases listed above?

Relative:	Living?	Deceased?	List Diseases:	Cause of Death
Father				
Mother				
Sister/s				
Brother/s				
Grandparents				

**Personal & Social History**

List members in household

Name:	Birthday

- Do you have smoke detectors in home? Y / N  
 Do you use a seatbelt? Y / N  
 Do you exercise? Y / N How often? \_\_\_\_\_  
 Do you use Alcohol? Y / N How often? \_\_\_\_\_  
 Did you ever use alcohol? Y / N How long? \_\_\_\_\_  
 Do you smoke cigarettes/chew tobacco? Y / N How often? \_\_\_ X \_\_\_  
 Do you ever use illegal drugs? Y / N  
 If yes, what kind? \_\_\_\_\_  
 Did you ever use illegal drugs? Y / N  
 If yes, what kind? \_\_\_\_\_

Immunizations:

- Did you complete your childhood series? Y / N  
 Last Tetanus booster? \_\_\_\_\_ Last Hep B series? \_\_\_\_\_  
 Last Pneumonia shot? \_\_\_\_\_ Last Flu shot? \_\_\_\_\_  
 Last TB skin test? \_\_\_\_\_ Other: \_\_\_\_\_

Have you ever had any of following procedures? What year?

- Chest X-ray: \_\_\_\_\_ ECG: \_\_\_\_\_ Holter: \_\_\_\_\_ Stress test: \_\_\_\_\_  
 Echocardiogram: \_\_\_\_\_ Angiogram: \_\_\_\_\_ PFT's: \_\_\_\_\_ Overnight oximetry: \_\_\_\_\_  
 Sleep study: \_\_\_\_\_ PSA: \_\_\_\_\_ Pap smear: \_\_\_\_\_ Mammogram: \_\_\_\_\_

Do you have any allergies to medications? Y/N If yes, please list what kind of reaction?

Are you seeing any specialists? Y/N If yes, please list:



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**WOMEN'S PHYSICAL EXAMINATION QUESTIONNAIRE**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

*You have been scheduled for an annual pap smear today. If you are expecting to have a complete physical, please be aware that annual physicals are not always covered by some insurance companies. You should be aware of your company's benefits in regard to annual physicals and preventative medicine.*

1. I am interested in having \_\_\_ a pap smear & breast exam \_\_\_ a complete physical
2. Date of last menstrual period: \_\_\_\_\_
3. Have you had a hysterectomy? Yes / No      Were your ovaries removed? Yes / No
4. Have you had uterine or ovarian cancer? Yes / No      Year: \_\_\_\_\_
5. Are you currently on Hormone Replacement or Birth Control therapy? Yes / No
6. At what age did you start your period? \_\_\_\_\_
7. Have you begun menopause yet? Yes / No (if yes skip to question 10)
8. If you are having periods, how would you describe them?  
 Flow: Light / Medium / Heavy  
 Duration: 3 / 4 / 5 / 6 / 7 / 8 days  
 Regular: Yes / No (every \_\_\_\_\_ days)  
 Clotting: Yes / No  
 Spotting between periods: Yes / No  
 Cramps: Mild / Moderate / Severe  
 Do you miss school / work due to pain, bleeding or PMS? Yes / No  
 PMS: Mild / Moderate / Severe
9. If you are sexually active, is it painful to have intercourse? Yes / No
10. Do you have vaginal dryness? Yes / No
11. Do you have any unusual discharge? Yes / No Describe: \_\_\_\_\_
12. Do you get chronic yeast infections? Yes / No
13. Are you diabetic? Yes / No      Does anyone in your family have diabetes? Yes / No
14. Do you have problems with your sex drive? Yes / No      If yes, is it a concern? Yes / No
15. Do you do monthly self breast exams? Yes / No
16. Have you noticed any new lumps or nipple discharge? Yes / No
17. Is there a family history of breast cancer? Yes / No
18. Have you had breast cancer with chemotherapy or radiation? Yes / No
19. Have you ever had an abnormal mammogram? Yes / No
20. Have you ever had an abnormal pap smear? Yes / No      If yes, were you treated? \_\_\_\_\_
21. Have you ever had a sexually transmitted disease? Yes / No
22. Method of birth control:  
 \_\_\_ Oral Contraceptives (birth control pills)      Medication: \_\_\_\_\_  
 \_\_\_ Tubal Ligation      \_\_\_ Condoms  
 \_\_\_ Vaginal Foam or Diaphragm      \_\_\_ Depo Provera Injections
23. Do you have osteoporosis in your family? Yes / No
24. Have you lost height? Yes / No      If yes, how much? \_\_\_\_\_
25. Do you supplement with calcium? Yes / No
26. Do you exercise? Yes / No      How often? \_\_\_\_\_ times a week.
27. Have you gained any weight in the last year? Yes / No      How much? \_\_\_\_\_ pounds.
28. Have you lost any weight in the last year? Yes / No      How much? \_\_\_\_\_ pounds.
29. Do you ever lose urine with coughing, sneezing, or movement? Yes / No
30. Do you ever lose urine by not getting to bathroom on time? Yes / No

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## **PRIVACY PRACTICES ACKNOWLEDGEMENT**

### **Acknowledgement Form**

I am aware of, have received or been offered a copy of Amara's Notice of Privacy Practices and I have been given the opportunity to review it.

Date: \_\_\_\_\_

Birth date: \_\_\_\_\_

Patient Printed Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

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